

COMPETENT PERSON TRAINING

A two day class to instruct employees to serve as a competent person in fall protection for their employer will be provided. Successful students will receive training to meet or exceed requirements of OSHA and ANSI.

AGENDA

1. History of Fall Protection
2. Statistics of Falls
3. OSHA Standards
4. ANSI Standards
5. Harnesses
6. Lanyards
7. Self-Retracting Lifelines
8. Anchorages and Anchor Points
9. Horizontal Lifelines
10. Vertical Lifelines and Rope Grabs
11. Estimation of free fall distance
12. Suspension Trauma
13. Rescue
14. Inspection of Equipment
15. Proper donning of harnesses and their use.
16. Discussion of alternate methods of fall protection.
17. Hierarchy of Fall Protection

CERTIFICATION

Students who successfully complete the course and pass the written test will receive a Competent Person Certificate. *Please note per ANSI standards, the certificate is valid for a period of two years.*